

“The school provides excellent opportunities for pupils to take part in trips, visits and clubs” (Ofsted, 2015)



DHFS EXTRA-CURRICULAR SPORTS NEWS

Easter 2019

Issue No. 10

Physical Education

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Follow DHFS PE Dept on twitter to keep up with our fixtures and results!



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Sports Hall Athletics Success!

On 27th March 2019, the NED sports hall athletics results for DHFS were:

Y7 boys winners
Y7 girls winners
Y8 girls winners
Y8 boys third

After winning the NED regional competition and qualifying for the Derbyshire county event, the sports hall athletics teams started their journey down to Derby University to compete on Monday 8th April 2019. With many schools across Derbyshire taking part, the competition was fierce!

After a long morning representing DHFS in many different indoor track and field events, the Y7 girls finished third overall with some great performances! With Y7 boys in 8th, and Y8 girls in 6th. Well done to all!



County Cup Final awaits for U16 Girls!

After a closely-fought quarter-final between the U16 DHFS girls' team and Tupton Hall School on Friday 5th April 2019, the DHFS girls fought back from 2-0 down to draw 2-2, therefore taking the game to extra time. With not much between the teams during extra time, this meant that some of the girls had to volunteer to take a penalty. As the nerves started to set in, each penalty was well-taken and some of the players were even mentally-rehearsing their penalty to see them scoring in their minds! DHFS were victorious in the end, winning on penalties 4-3 and progressing through to the county cup semi-final. Since then, the girls have progressed straight through to the County Cup final to be held at South Normanton Athletic FC after Easter. An outstanding team performance in both cups this year and we are so proud of the girls' teams overall!



Another successful ski trip, Jan 2019

Another successful ski trip took place in January where the DHFS PE department took 40 excited students to Folgarida, Italy to practise their skiing skills!

With plenty of skiing time on the slopes as well as socialising off the slopes, the students and staff thoroughly enjoyed their week in the Italian mountains, with lots of progress being made!



Boys' football progressing through the rounds!

The U18 boys' football team have also made it through to the County Cup final after some strong performances in the initial rounds. They are due to play Repton School in the final after Easter. Also representing DHFS were the Y7 boys' football team, who travelled down to John Port School, Derby to play their County Cup semi-final. After a closely-fought game and some great resilience, the boys lost 1-0. The team are taking confidence into next year though!



Individual successes!

Back in January 2019, despite being a freezing cold day, DHFS performed fantastically well at the Derbyshire Cross Country Championships. All of the DHFS athletes run for an athletics club and big thanks to parent Mrs Shipley for keeping us updated with the results of all our DHFS competitors!

Cosmo became the U13 Derbyshire cross country champion.

Emma S became U15 Derbyshire cross country champion.

Leah G came 5th, Sophie Billups 15th, Claudia Turnell 19th with Emma, Claudia and Leah also winning the team silver medal too! These performances also meant that Cosmo, Leah and Emma also won their county vests for the Inter-County competition.

Furthermore, during a busy weekend in February lots of DHFS athletes proudly performed at the U13 & U15 Athletics Championships. Emma and Leah won their U15G 800m heats and progressed through to the final, with Emma gaining a silver medal in the final and achieving an English Schools' qualifying time! Also competing in the Sheffield Athletics Festival was Claudia Turnell who gained an U17G 800m silver medal; Leah U15G 800m gold medal; Amy Allcard with an U15G 800m bronze medal; Eniola Ajagbe with an U17G 60m bronze medal; Cosmo with an U15B gold in the high jump and bronze in the long jump. Emma S also competed in the senior women's race and performed exceptionally well for her age, coming fourth!

The future is looking bright for our amazingly dedicated athletes!



Y7 Netball team crowned Derbyshire Champions!

On Monday 1st April 2019, DHFS hosted the U12 Derbyshire County Netball tournament. The Y7 netball team represented DHFS and showed great progress throughout the group stage, only losing one match.

The tournament culminated in the final between DHFS and Lady Manners School. After a close contest, DHFS were victorious 4-2! Meaning that the Y7 netball team were crowned Derbyshire champions! The team members each proudly received a medal and also lifted a trophy!

Congratulations to all and the future looks promising for this talented group of players!

Dates for your diary...

- ◆ **Extra-curricular spring/summer timetable will begin after Easter!**

Decide which clubs you want to attend - find the timetable on DHFS website and outside both PE offices.

- ◆ **Sports day at the EIS: 1st July 2019.**

- ◆ **Y8 Adventure days: Tuesday 25th & Wednesday 26th June 2019.**

- ◆ **Sports Presentation Evening:**

Thursday 11th July 2019. If you have represented a school team this year we will see you there!

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Congratulations to our high fliers and triers from KS3 PE lessons this term!

Rose Utton	Lucy Townsend
Charlie Vernon	Akeel Ali
Sam Wilson	Harry Gregory
Zoe Potts	Sophie Topham
Iyyinsia Jaferi	Lauren Holmshaw
Lale Demir	Amelia Hancock
Jamie Harris	Sienna Mitchell
Charlotte Jones	Tayla Pickering
Eloise Ashton	Ella Grimsley
Leah Sherriff	Matilda Gunn-Roberts
Lottie Hill	Eve Roberts
Loic Emley	Andrew Clayton-Lauder
Alfie Craig	Joe Grantham
Kieran Blanksby	Joseph Kelly
Zachary Kaye	Ruby Morton-Mitchell
George Evans	James Alexander
Baylie Garfitt	Brad Taylor
Will Earnshawe	Jake Squiers
Lydia Fridlington	Miah Monk
Grace Fisher	Iris Scotford
Jade Morris	Ashley Froome
Lucy Clarke	Chloe Hunt
Jayden Heppenstall	Niamh Yates
Oliver Bedingfield	Tom Booth
LeMaya Swaby-Cato	Isobel Chipp
Aimee Hunt	Alice Johnson
Chloe Webb	Holly Myers

And there are more success stories!

January 2019: Emma Shipley U15G 2019 Derbyshire XC champion!

Cosmo Johnson Derbyshire County U13 XC Champion 2019!

Josh Wragg Derbyshire County U15 XC Champion 2019!

Callum Pike recorded first shut out as Sheffield Academy Sabres U13s team.

KS4 badminton team: boys winners and girls runners up in NED event.

U16 team narrowly lost out after reaching the last 16 in National Cup.

Annual DHFS ski trip set off to Folgarida, Italy for a week of learning how to ski!

Many runners represented DHFS at the Derbyshire cross country championships.

Eve Roberts achieved 1st place for NDP trampolining qualifiers.

Y7 basketball team beat QEGs 29-0.

February 2019: Y10 basketball team defeated Woodlands School 60-14 in county cup.

Mia Passingham achieved 1st place in NDP trampolining competition.

U18 girls' football team lost out in the quarter finals of the National Cup.

Y7/8 mixed table tennis teams finished 3rd and 4th and 2nd and 5th in Derbyshire County Finals event.

DHFS finished 3rd in Derbyshire indoor rowing competition.

March 2019: Y7 boys' football team won 4-1 against Belper School.

Y7, 8, 9 girls & boys hockey teams played against St Mary's.

U12 girls' football team narrowly lost out to Ecclesbourne School in semi-final of County Cup.

Cosmo Johnson achieves UK top 25 ranking in athletics.

Double gold for DHFS in the NED boys & girls KS3 badminton team competition.

Y10 basketball team progress through to their 4th successive County final.

DHFS U18 tennis team victorious against Stoke Sixth Form.

U18 football team beat Highfields School 4-2 in County Cup.

Y8 & 9 girls' hockey team achieve draw with Silverdale School.

Y11 boys' football team narrowly lost 2-1 vs Tupton in County Cup quarter final.

April 2019: Bobbie Waugh, Emma Shipley and Josh Wragg all qualified for London Mini Marathon.

Y7 netball team crowned Derbyshire County Champions!

U18 boys' football team progress to County Final after victory against Woodlands School.

U16 girls' football team progress through to County Final after win over Tupton after extra time and penalties!