



# DHFS EXTRA-CURRICULAR SPORTS NEWS

Summer 2018

Issue No. 8

## Physical Education

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## Derbyshire County Athletics success: Saturday 9th June 2018

Congratulations to all the athletes who competed at the Derbyshire Schools' Athletics event at Moorways, Derby on Saturday 9th June. Dronfield students did themselves proud: Gabriel Gisborne ran a championship best time of 1.56.20 for the 800m and was also proudly awarded the Mike Peake Memorial trophy for the performance of the day! Eniola Ajagbe achieved first place in the 75m hurdles, Tom Spencer achieved 2nd place in the intermediate boys' 300m, Amy Allcard 2<sup>nd</sup> in the junior girls' 1500m with

Sophie Billups 8<sup>th</sup>. Charlotte Hickin achieved 1<sup>st</sup> place in the senior girls high jump, Lewis Chatterton came 4<sup>th</sup> in the junior boys' 200m & Thomas Mirfin 4<sup>th</sup> in the intermediate boys' 200m race. The field events saw Annabelle Smith finish 6<sup>th</sup> in the shot put & Lauren Emmerson achieve 5<sup>th</sup> in javelin, Hattie Seddon also finished 5<sup>th</sup> in the intermediate girls' javelin. In the junior girls' 800m Emma Shipley came 3<sup>rd</sup>, Leah Gregory 4<sup>th</sup> & Claudia Turnell 9<sup>th</sup> in a very strong race!



## Y13 football star gains US scholarship!

Football star Ellie May (Y13) continues to go from strength to strength in her football career. From Derby County Centre of Excellence, she has progressed and joined Leicester City this season, whilst also gaining caps for England at U17 and U18 level! After her A level exams, Ellie will be moving out to America in September after gaining a football scholarship with Rider University, New Jersey. Well done Ellie, we wish you all the best with your football career and this exciting opportunity!



## Ryan plays in charity UEFA Match for Solidarity

On Saturday 21st April 2018, Ryan Evans (Y10) took part in an amazing event which led to him flying over to Geneva to be part of the proceedings for the match for solidarity. He was privileged to play in a 30,000 seater stadium and meet lots of footballing legends too! Ryan who currently plays for Matlock Town FC Academy, spoke about the event: "I was selected to play in the junior UEFA team who played against a team representing the United Nations...the match was a 1-1 draw and it took place 30 minutes before the main charity game. The best moment was walking out onto the pitch in front of thousands of people already in the stadium before the main game."

What an amazing opportunity! Well done Ryan!



## Evan's achievements in Ministox!

Since the start of the Ministox season, Evan Bullock (Y7) has progressed really well and gone from strength to strength! Following in his brother Gilen's footsteps, Evan has managed to achieve 4 first places and a 3rd place. He has scored points at every meeting and is now looking to be moving up two grades to a blue roof! Recently

at Belle Vue Stadium, he was also voted driver of the day!

Well done Evan we are very proud of you!



## Emma Shipley 11th place in Mini Marathon!

Alongside the London Marathon in April this year, Emma Shipley (Y8) competed in the London mini marathon which is a course including the last section of the full 26-mile marathon. She proudly finished 11th place nationally! Well done Emma what a fantastic achievement!



## Gabriel breaks the 800m 2-minute time barrier!

At the Derbyshire Championships in May this year, Gabriel Gisborne (Y10) won the U17 men's 800m race with a new personal best time of 1.58.87! This was an amazing achievement as Gabriel had been working hard to break the 2-minute barrier for the 800m.

Gabriel was so happy that his hard work had paid off and he was also the only year 10 in the race, with the rest of the competitors being from year 11. His PB times just keep improving! More recently, Gabriel ran a time of 1.57.80

for the 800m and in the same week smashed his PB by recording an amazing 1.54.70! This places him well inside the English qualifying time of 1.57.00. This time also makes him the fastest in the UK for the 800m lower U17 age group (year 10).

Keep up the good work Gabriel!



## Derbyshire County Athletics Championships news...

It was an absolutely fantastic weekend for DHFS at the Derbyshire County Athletics Championships. From just the Hallamshire Harriers bunch there were medals galore and lots of PBs. Emma Shipley (Y8) is the Derbyshire champion for both the U15 girls' 800m and 1500m. Gabriel (Y10) is the U17 boys' 800m champion. Eniola Ajagbe (Y9) is the U15 girls' 100m champion. Cosmo Johnson (Y7) achieved an array of medals too from hurdles to long jump,

plus U13 boys' 800m champion. Leah Gregory (Y8) gained a silver for the U15 girls' 1500m and bronze for the 800m. Claudia Turnell (Y9) and Amy Allcard (Y8) battled it out for the 800m 4th and 5th. Amy also ran a really strong 1500m, achieving 4th. Sophie Billups (Y9) represented the City of Sheffield at the Liverpool Wavetree Stadium for the 800m 'A' grade race and ran a PB time of 2.32s, which registered her on the Power of Ten

(British Athletics website) and gave her a national ranking. The next day, she took part in a South Yorkshire Championship race, at the Dorothy Hyman Stadium, Barnsley and achieved a ranking of 6th in South Yorkshire for the 800m. Sophie also stepped in for the relay and javelin, helping the team out when needed. Some great achievements, and a 20-second improvement of her PB time in one season!

Well done to all our athletes and good luck in your next meets!

## Y10 becomes U16 British Youth Fencing Champion!

Over the weekend 5th and 6th May 2018, Josh Goh (Y10) surpassed all expectations when he became the U16 British Youth Fencing champion! Fencing has become Josh's passion ever since he took up the sport as part of the extra-curricular programme at DHFS. Josh went on to be coached out of school, by renowned British fencing coach, Tony Klenczar, while training as a member of the Wingerworth Fencing Club. The Wingerworth club is regarded as one of the best of its kind in the East Midlands, attracting fencers from the local area and outside the region from beginners to national champions. Josh, who

specialises in epee (the largest and heaviest of the three fencing classes) went into the competition at the EIS, Sheffield, with something to prove to himself. By the second day, Josh had taken six victories and seen no defeats. The competition was a knock-out event and Josh took part in 11 bouts, one of which saw him convincingly defeat the current number one British seed. The school and PE department would like to offer our sincere congratulations to Josh. With the dedication and passion that he has exhibited so far in the sport, the sky is the limit for Josh in the future!



## Dates for your diary...

- ◆ **Extra-curricular summer timetable has started!** Decide which clubs you want to attend - find the timetable on DHFS website and outside both PE offices.
- ◆ **Sports Day at the EIS, Sheffield:** Tuesday 3rd July 2018
- ◆ **Mums vs. Daughters rounders competition:** Friday 13th July 2018
- ◆ **Y8 Adventure Days:** Monday 25th and Tuesday 26th June 2018
- ◆ **North East Derbyshire Athletics Competition:** Thursday 28th June 2018

### Our high fliers and triers from KS3 PE lessons this term!

Owen Marshall	Daniel Hale
Jade Morris	Isabel Haywood
Eloise Ashton	Ella Grimsley
Freya Browes	Charlotte Johnson
Millie Baines	Lauren Wright
Maisie Bell	Olivia Carson
Rylie Bonsall	Charlie Britland
Alex Partner	Will Bell
Billy Collins	Dylan Murphy
Adam Brindle	Archie Jenkinson
Ellis Boyles	Samuel Groarke
Zeze Aydemir-Beech	Grace Rumney
Millie Dickson	Anna Salt
George Evans	Maddie Radford
Hannah Blackwell	Heidi Foster
Grace Poole	Cameron Vickers
Callum O'Connell	Jake Holland
James Pemberton	Liam Moss
Harvey Jenkinson	Josh Hoole
Felix Merritt	Leon Smith
Zach Lee	Zak Baines
Harry Siddall	Louie Furniss
Rebecca Richardson	Ava McRae
Billy Woodward	Roman Turnell
Emma Shipley	Briony Wells

## And there are more success stories!

**April 2018:** DHFS crowned champions at NED swimming gala.

DHFS golf team county champions and Louie Fisher (Y10) individual champion.

**May 2018:** Y8 cricket team achieved a 50 run victory v Mount St Mary's.

U14 cricket team defeated Tupton Hall by 43 runs.

Y9 basketball team 3-times county champions!

Y7 cricket team tie their first ever game vs Mount St Mary's.

Some outstanding performances at the English Schools' Athletics, Moorways, Derby.

DHFS girls' tennis team narrowly lost against Tapton School after some exceptional rallies.

**June 2018:** Brogan Simmons (Y9) achieved her black belt in taekwondo recently!

Courtney Simpson (Y8) recently became East Midlands Gymnastics Champion in March 2018 and then went on to represent the East Midlands at the British National finals on the 27th May. The team of 5 became National Champions with Courtney placing 3rd overall and being crowned Bars Champion out of 56 competitors in Great Britain!

Y7/8 Quad Kids won the athletics competition. Y7 winners: Ruby Sayles and Cosmo Johnson. Y8 winners: Leah Gregory and Arran Lindsay.

Y8 cricketers defeated Tibshelf School in the County Cup to make the semi-final.

