



# DHFS EXTRA-CURRICULAR SPORTS NEWS

Summer 2017

Issue No. 5

## Physical Education

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## First Barcelona football tour a success!

During the first week of the Easter holidays, 2017, 25 Year 8 and Year 9 footballers set off to the home of football, Barcelona, to improve their footballing skill and knowledge.

The hotel was great, with a range of buffet style meals, and lots of other schools from around the world on different sports tours.

Each morning, the students trained well and then got to use the amazing facilities, before a trip into Barcelona town and to the beach.

Each evening, the girls and boys teams played against local Spanish teams at their different home grounds.

The boys had a great record, winning all three games comprehensively,

with Josh Sell the stand out player scoring 13 goals in three games!

The girls team, who only had the bare 11 players, found the games a little tougher with one win out of three games, but many showed huge improvements over the games.

Both teams thoroughly enjoyed themselves and many of the players stepped their games up to another level.

The final day saw the students go on a tour around the Nou Camp, which is a highly impressive stadium, and then play the final game in the Spanish heat.

All students had a great time and not only improved their footballing knowledge, but also became more responsible and mature young adults.



## Inter-house football and gymnastics results: March 2017

Before Easter, the KS3 inter-house competitions took place. Gymnastics made a comeback to shine alongside the ever-popular football.

The football competition had a great turnout as usual, with a whole range of students from most Houses. It is always a joy to see students playing fairly and giving their team members a chance to take part. The group stages were all competitive and showed good levels of skill.

The play-off finals saw Gosforth, the previous champions, play Spaven for 5th place, Millican took on Baggaley for 3rd place, and a strong Fanshawe team took on Buxton for 1st place.

All the games were close and the 1st place play-off came down to penalties, where Joe White scored the winning spot kick to secure the win for Buxton.

The gymnastics competition did not have as high attendance as the football did, with only a few students finding the courage to perform their gymnastics routine in front of the judges.

All the students made it to the finals on Thursday 30th March, judged by ex-professional tennis player Anna Fitzpatrick, who was in school to run another 'This Girl Can' session.

It was a high-quality final with some amazing performances from all of the students involved. It was so close that it came down to 1 point separating the top 3 contenders; Lauren Oldale from Buxton produced a near faultless routine, with a high level of difficulty that beat Millie Bullement from Baggaley.

Strong performances were also seen by Amiee Hodder from Gosforth, Penny Atkinson from Baggaley, and Sophie Billups from Fanshawe.

The winners for the group performance were Fanshawe, with a much improved routine by Millie Middleton, Joel Mutamiri and Taryn Lee. Well done to all who took part!



## Derbyshire Girls win U16 National Football Finals: May 2017

On Tuesday 9th May, 2017, two of our Year 11 students represented Derbyshire in the ESFA U16 Inter County Cup for Girls' National Football Finals, at Birmingham City FC. The girls have represented Derbyshire for two years.

The Derbyshire team won the East Midlands League earlier this season and they also played in the Midlands semi-final. Megan Jones and Sophie Hoyes both played in the National Finals which showcased the very best players in Schools' Football, and saw the Derbyshire Schools team beat Sussex County 2-0. The Sussex U16 Girls' squad were

knocked out of the competition last year at the quarter-final stage.

Unfortunately, our other student, Isobel Ford in Year 10, was injured in the semi-final and could not take part, but she had played marvellously in the other rounds leading up to the final. Well done to all the girls, who have had to show high levels of commitment and organisation in getting themselves to the games alongside revising for their GCSEs.

We are all really proud of you and your achievements this year!



## Inter-house rounders results: May 2017

The sun shone on another Year 7, 8 and 9 inter-house rounders competition this year in the final week of the May 2017 term. After a shaky start for some of the house teams, the competitors settled in well and we saw some excellent rounders scored, along with some strong fielding on days one and two. Day three was all to play for, and a number of houses still had the chance

to reach the final. In the end, it came down to rounders scored, and Baggaley made it to the final over Buxton by half a rounder overall! After a close final against Millican, Baggaley were the overall champions, winning by half a rounder! Millican second, Buxton third, Gosforth fourth, Spaven fifth and Fanshawe sixth. Well done to all!



## Athletics update: Eniola Ajagbe

In May, Eniola (Y8) competed at the Derbyshire county athletics track and field championships. She had a very successful outing and came away with two bronze medals in the 100m and 200m (U15 girls) after going through the heats to get through to the finals.

Eniola also achieved PBs of 13.21secs for 100m and 27.1secs for 200m! This gave her the qualifying standard to run for Derbyshire.

Well done Eniola, we are very proud of you!

## Athletics update: Dan Brown

Dan Brown (Y9) became Derbyshire county champion recently winning the 1500m event in a time of 4:23.80. Not only did this put Dan on the top of the podium, but it also ranks him 28th in the UK!

Dan runs for Chesterfield and District Athletics Club and his coach thinks he could qualify for the English Schools' Masons Trophy if he wins the Derbyshire Schools' competition in June.

Good luck in your next competition Dan!

## Athletics and netball: Claudia Turnell

Claudia recently ran 800m in Doncaster Spring Open Championships and achieved a new PB of 2.25.

Claudia also plays netball at a high level. Recently, she played the centre position with Y9 girls in the North East Derbyshire League. She contributed to them winning all seven of their matches and the whole tournament!

Some great achievements and there are many more competitions to come for Claudia!

## DHFS teams victorious at Derbyshire School Games Indoor Rowing Competition 2017

The Derbyshire school games indoor rowing competition 2017 took place in February.

**Overall results:** DHFS KS3 team both boys & girls finished in second place with 7628 points, receiving the silver medal. Team members include: Ben Clarke, Tom Bairstow, Joe Duxbury, Joel Gregory, Hattie Seddon, Grace Kulinski, Amelia Micklethwaite, Tilley McQueen.

DHFS KS4 team both boys & girls finished in second place with 8003 points, receiving the silver medal. Team members include: Zack Gregory, Brandon Bamforth-Jones, Archie Crapper, Haydn Congreve, Sophie Hoyes, Sophie Holland, Hannah Pratt and Sarina Wing.

**KS3 boys' 3-minute row:** Ben Clarke (4th), Tom Bairstow (7th), Joe Duxbury (15th).

**KS4 boys' 5-minute row:** Brandon Bamforth-Jones (10th)

**KS4 girls' 5-minute row:** Sarina Wing (5th place), Hannah Pratt (9th).

Congratulations to all competitors - you did DHFS proud!



## Derbyshire Schools' Athletics Champs: June 2017

Congratulations to the athletes who competed at the Derbyshire Schools' Athletics Championships at Moorways, Derby on Saturday 10th June. The results were amazing: Gabriel Gisborne (1st) in 800m; Eniola Ajagbe (1st) in 200m; Dan Brown (1st) in 1500m; Isaac Rushworth (1st) in 400m; Claudia Turnell (2nd) in 800m; Alicia Rutherford (2nd) in high jump; Lizzie Turner (2nd) in 60m hurdles; Josh Wragg (3rd) in 1500m; Thomas Mirfin (4th) in 200m. The following

students also represented North East Derbyshire at this event: Charlotte Hickin, Tom Spencer, Ewan Spencer, Sam Gilson, George Glossop, Harvey Jenkinson, Isobel Shipley and Will Platts.

Well done to all of you!



## Dates for your diary...

- ◆ **Extra-curricular summer timetable has started!** Decide which clubs you want to attend - find the timetable on DHFS website or outside both PE offices.
- ◆ **Y8 adventure week:** Monday 26th and Tuesday 27th June 2017.
- ◆ **Mums v Daughters rounders:** Friday 23rd June 2017 (5.00-6.00, school astro)
- ◆ **Sports day at the EIS:** Monday 3rd July 2017
- ◆ **Sports presentation evening at the Double Tree Hilton Hotel:** Wednesday 12th July 2017 (6.30-8.00). Tickets are free for the player/athlete and £3.00 for parents/carers. They are on sale from Reception now!
- ◆ **DHFS PE dept ski trip to Folgarida, Italy 2018:** 13th - 20th January 2018. Letters available from PE office or website.

## Our high fliers and triers from KS3 lessons this term!

Oliver Limb	Leon Smith
Jack Ireland	Harry Housley
Gabriel Gisborne	Thomas Mirfin
Ben Rattigan	Toby Atkinson
Archie Jenkinson	Harry Newbury
Luke Turner	Ross Dawson
Callum Hall	Joe Foley
George Moss	Ravi Bhachoo
Alex Partner	Charlie Robertson
Scott Taylor	Lucas Milnes
Dan Sinclair	Harry Jackson
Blake Jolley	Patrick Milner
Declan Birch	Oliver Edwards
Thomas Graham	Jack Hayes
Adam Bagnall	Jacob Smith
William Sanders	Louis Basher
Maryam Izhac	Amber Hinde
Prudence Gbadamosi	Darcie Parker
Amelia West	Sophie Billups
Lily Crook	Taryn Lea
Eve Hemingway	Rona Murdoch
Jess Ledger	Lola Hill
Hope Winfield	Hannah Moss
Mollie Wordsworth	Rachael Kelly
Gracie Bradley	Beth Scott
Katie Sharpe	Hannah Blackwell
Abi Bedford	Hannah Wooton
Alyssa Green	Olivia Sadler
Fabiha Tasnim	Emma Oldfield
Amy Graham	Lauren Findlay
Eve Pilcher	Margaret Atkins
Grace Heriegel	Keira Brown
Serena Parrinello	Elin Charles

## And there are more success stories!

**February 2017:** KS3 mixed indoor rowing team crowned NED champions at annual indoor rowing championships at Queen's Park Leisure Centre.

Gosforth house win Y8/9 inter-house basketball competition.

Gabriel Gisborne (Y9) crosses the finish line with 2.02.33 to win the U17M 800m.

KS3&4 indoor rowing teams both achieved second place in Derbyshire School Games.

**March 2017:** Congratulations to Holly Kennie (Y7) who came third in her cheer level 2 group competition, third in cheer hip hop level 2 and sixth in her solo!

Y11 netball team beat Lady Manners sixth form team 15-12.

Y8 netball team finished third at Derbyshire County Finals.

Y8 boys' basketball team reach county final after 49-14 win v Belper.

Y10 boys' cricket team achieve indoor county cricket runners up.

Y7 girls & boys and Y8 girls NED sports hall athletics teams become champions.

Josh Wragg (Y8) won the Dronfield Fun Run.

Y7 boys' football team become NE & Rural Derbyshire football champions.

**April 2017:** Y7, 9 & 11 netball teams all victorious against Lady Manners.

First Barcelona football tour took place.

Y10 boys' cricket team beat St. Mary's by 80 runs.

Y7 boys' cricket team win by 9 wickets against Mount St Mary's.

**May 2017:** Y10 cricket team go through to next round in county cup by beating Mount St Mary's by 60 runs.

Emma Shipley (Y7) retained her county championships for U13 girls 800m and 1500m at the Derbyshire County Championships.

Amy Allcard (Y7) finished third in U13 800m and Claudia Turnell (Y8) finished second in U15 800m at the Derbyshire County Champs.

Dan Brown (Y9) won U15 1500m at Derbyshire County Championships.

Derbyshire U16 girls' football team victorious in schools' cup final.

Y8 boys' basketball team beat Frederick Gent in county final to become Derbyshire champions.

U13 & U14 girls' teams reached the semi-finals in the Chesterfield FC summer football tournament.

**June 2017:** Isobel Shipley (Y10) achieved second place at the Rother Valley triathlon.

Our second annual DHFS 5km Race for Life took place!

Outstanding performances by DHFS athletes at the Derbyshire Schools' Athletics Champs!

Gilen Bullock (Y10) recently won the American Connections Championships in stock car racing at Birmingham wheels raceway. He became the National mini-stock champion!

Hattie Seddon (Y9) has achieved a place in the South Yorkshire netball first team!

Gracie Bradley (Y7) has attended Yorkshire regional netball trials and has been placed in the talent pool for future netball stars!

Gabriel Gisborne (Y9) won the 800m at the Inter-county Mason Trophy in Birmingham and achieved an amazing PB time of 2.00.62!